

# Hawk Mountain Weekend Packing List

Items marked with an \* are required. All other items suggested.

- All Attendees must be a current member of CIVIL AIR PATROL with a valid Membership Card.
- All attendees must be safety current in eServices prior to arrival and have completed all required Safety and ORM training in eServices.
- For Weekend activities, email completed and signed **CAPF 60-81, 160 and 161** to [alamantia@capranger.org](mailto:alamantia@capranger.org) **at least 3 days in advance** of the weekend.  
[http://www.capmembers.com/forms\\_publications\\_\\_regulations/forms/](http://www.capmembers.com/forms_publications__regulations/forms/)
- Parental permission is required for all Cadets.
- **Do not mail to PA Wing HQ, as the event is not at the PA Wing address.**
- Each member is responsible for their own testing sheets (Ranger Grade and SQRT Worksheets). You will need to print the SQRT Worksheets you are working on and keep them with you at all times.

## Personal Gear –

- \_\_\_ Clean ABU or Blue BDU Uniform \* (CAPM 39-1)
- \_\_\_ Orange hat (Recommended)
- \_\_\_ Small pocket knife
- \_\_\_ Money for weekend and supplies\*
- \_\_\_ Wallet with current CAP ID, \$20 fee, and required paperwork\*
- \_\_\_ Pencils and pens, and a small notebook in zip lock bag\*
- \_\_\_ Glasses - have a strap for them – do not bring contacts
  
- \_\_\_ Good boots \* (in winter months must be insulated waterproof boots)

## Safety Gear\* – REQUIRED FOR EVERYONE (These can be purchased at HMRS BX)

- \_\_\_ Leather work gloves \*
- \_\_\_ Orange hard hat, with elastic chin strap or nape strap \*
- \_\_\_ Orange safety vest \*
  
- \_\_\_ Eye protection (goggles or safety glasses) \*

## Day Gear - waterproof packed - last name on everything

- \_\_\_ Day pack or military web gear \*
- \_\_\_ Snack food \*
- \_\_\_ Eating Utensils \*
- \_\_\_ 2 canteens, (or 1 canteen and 1 hydration system) \*
- \_\_\_ Sierra cup or canteen cup
- \_\_\_ 2 poncho (or 1 rain suit and 1 poncho) \*
- \_\_\_ 1" nylon tubular webbing - 15' long
- \_\_\_ 2 pr. latex examination gloves \*
- \_\_\_ Personal first aid kit: (a small one, about 2" x 3") Band-Aids, gauze pads, tape, iodine, first aid cream, moleskin, cough drops, personal medication, alcohol preps, waterless soap and personal hygiene items.\*

- \_\_\_ Flashlight and spare batteries \*
- \_\_\_ Insect repellent (DEET is effective on ticks)
- \_\_\_ Sunscreen
- \_\_\_ 25' Paracord (or heavy nylon cord)
- \_\_\_ Handkerchief
- \_\_\_ Roll of white toilet paper in waterproof container\*
- \_\_\_ Pencils, pens, protractor, mm. Rule
- \_\_\_ Silva and/or Lensatic type compass
- \_\_\_ Duct tape
- \_\_\_ Roll of blazing / surveyors tape
- \_\_\_ Extra socks\*

**Extended Gear** - waterproof packed - last name on everything

- \_\_\_ Field pack - \*
- \_\_\_ Sleeping bag - in waterproof, brushproof bag \*
- \_\_\_ Ground cloth, military poncho, or tarp \*
- \_\_\_ Foam sleeping pad
- \_\_\_ Extra uniform and uniform items (Shirts, socks, underwear etc...)
- \_\_\_ Extra field jacket with liner or other cold weather jacket \*
- \_\_\_ Extra flashlight or headlamp, w/extra batteries
- \_\_\_ 5 garbage bags\*
- \_\_\_ Can opener
- \_\_\_ Brillo pad
- \_\_\_ **Tent\***